

Click Here to find the [Daily Bulletin](#) on our website

### **Welcome Back!**

I have just a quick note today to welcome everyone back from the holiday. I hope your Thanksgiving was full of family and fun mixed in with your gratitude.

That gratitude could have a powerful impact in your teen's life. Recent research reveals how an internal sense of gratitude helps teens to build stronger social relationships, improve life satisfaction, and enhance well-being. [Click here for a University of California, Berkeley](#) article that quickly details how you can guide your teen toward an internal sense of gratitude.

The article details the following four-part approach for building an internal sense of gratitude:

- noticing the things people give us,
- thinking about why they give them to us,
- connecting how we feel to the receiving of gifts, and
- expressing appreciation.

I especially appreciate the closing of the article that reminds us to remember that we raise our children "one moment at a time." As with building resilience, it is the daily guidance and modeling that most influence our teens.

### **'Hamilton' Tickets Available**

Would you or someone you know love to see Hamilton at the Paramount Theater, but it sold out in a matter of minutes? Well, here's your chance to go.

Thanks to a generous donation from Ricardo Frazer, Newport Football will raffle off four tickets to see this amazing Broadway megahit. The team has 100 raffle tickets available at \$50 each and will draw two winners on December 5th. Each winner will receive two seats (main floor in the center, row H).

Contact [newportfootballfundraising@gmail.com](mailto:newportfootballfundraising@gmail.com) to purchase your raffle ticket now.

Note: the winners cannot resell their tickets and you do not need to be present to win. Good luck!

If you don't win during the first drawing in December, Newport Football will hold a second raffle in January for four more tickets.

### **January Finals Schedule On Line**

The detail schedule for first semester finals in January is posted on our website. [Click here for the full calendar](#) for Wednesday, 1/24/2018, to Friday, 1/26/18.

### **United Nations Team Shines**

Congratulations to six students who won awards at the recent Newport Model United Nations competition. Six students won awards.

- Benji Blatt and Rosie Huang won Best Delegates.
- Raia Karmali won Outstanding Delegate.
- Sarah Xu, Cindy Zou, and Katelyn Ng won Best Position Papers.

The next Model United Nations meeting on Tuesday, 11/28, in room 2101 after school, features s'mores and a sweatshirt design contest.

### **Parent Workshop Full**

With 65 parents registered, the Five to Thrive Resilience workshop on Wednesday, 11/29/17, is full. A second one will be scheduled soon!

Starting in January we will continue to offer hands-on workshops to help parents prepare their students to succeed here at Newport, in college and throughout life.

### **Boys, Get ready to BOOM!**

Bellevue Schools offers the BOOM Experience leadership conference geared towards young men who racially identify as Black, LatinX, Southeast Asian, Pacific Islander or Native American.

The BOOM conference provides a day of learning and celebration centered on cultural understanding, self-empowerment, civil discourse, and leadership building.

This full day, BSD-sponsored event occurs on Tuesday, 12/12, at Bellevue College. Registered students who attend receive an excused absence from regular classes.

The deadline for registration and submitting completed field trip forms is Tuesday, 12/5. There will be no late registration, you must register online AND turn in a signed permission slip by the deadline.

A similar event is held in the spring for girls who identify to these groups.

Permission slips are available in the front office. To register online go to [www.bsd405.org/boom](http://www.bsd405.org/boom). If you have questions, contact one of these staff members:

- Ms. Kemp in the counseling office ([kempN@bsd405.org](mailto:kempN@bsd405.org)),
- Peter Shin, Graduation Success Coach ([ShinS@bsd405.org](mailto:ShinS@bsd405.org)), or

- Mrs. Vanessa López-Kopp, Career Center in the library ([lopezk@bsd405.org](mailto:lopezk@bsd405.org)).

### **Newport's 'Classy' Event Seeks Performers**

Newport's orchestras are seeking talented student performers to feature at their annual formal dance and dessert fundraiser. Knights in Vienna will be held on Saturday, 1/27/18.

The event will consider any great performance: Classical, Jazz, Singer-Song Writer, Spoken Word or Dance. If your student would like to be in the spotlight at this popular tradition, video submissions must be emailed to Mrs. Gero at [geroc@bsd405.org](mailto:geroc@bsd405.org) by Sunday, 12/10/17.

### **School Photos: Please Pick Them Up**

We have a number of your beautiful smiling faces waiting in the office to be claimed. Send your student by to grab theirs.

### **Vote February 13**

Three important Bellevue Schools levies come up for renewal February 13, 2018. Please mark your calendar to vote. As a special election without high-profile candidate races, turnout will be important.

### **Save the Date: 2018 College Conference**

Save the date for Bellevue Schools' annual college planning conference for families and students. A featured speaker and dozens of workshops get freshmen thinking ahead and help juniors get ready to wrap up an admissions offer.

Two sites this year; same program both days. Event starts at 5:45 PM and wraps up at 8:30 PM.

- Sammamish High School on Wednesday, 2/7
- Newport High School on Thursday, 2/8

### **College Visits**

[Click here for our calendar](#), which includes colleges visiting our campus.

### **Admissions Essay Support at Newport**

College Corp volunteers are here every Tuesday and Thursday after school in the library to help seniors with essays. They help students prepare for the college application, essay, etc. Check in with Ms. Lopez-Kopp in our library early this week.

### **Dates to Remember:**

- Winterfest Week: Monday, 12/11 to Friday, 12/15
- Semester Finals: 1/24/18 to 1/26/18

- End of First Semester: 1/26/18

### Useful Links:

[Daily Bulletin](#)

[Newport Website](#)

[PTSA Website](#)

[Bell Schedule](#)

[Calendar](#)

[Counseling Assignments](#)

[Newport Television](#)

[Naviance](#) for college admissions planning and information

[Counseling Center](#)

[Community Service](#) for volunteer listings

[Athletics](#)

[Club Directory](#)

Newport Athletic Hotline at 425.456.7522 for daily updates

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*Our Mission: To provide each and every student an exemplary educational foundation that inspires them to discover their individual passions, achieve their goals, and become capable, contributing members of society.*

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### Click Reply: Our Digital Door is Always Open

Did you know that you can simply Reply to this email to send a message, a comment, or feedback straight to my Inbox? We value our partners at home in helping every student succeed. We look forward to hearing from you.

### Newsletter Submissions Welcome

We work to ensure that the news we share here is relevant for students and families, and we welcome news from families and the many individuals, clubs, teams, and organizations that support our school community. Please send such news directly to me in the principal's office ([yahoudyd@bsd405.org](mailto:yahoudyd@bsd405.org)).

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