

Click Here to find the [Daily Bulletin](#) on our website; and Click Here to find our [Five to Thrive](#) series.

### **Five to Thrive: Next Steps**

It took a month of newsletters to convey just a general overview of [Five to Thrive](#). Nothing can simplify the metamorphosis that teens endure to emerge as full-fledged, thriving adults. But I believe that Five to Thrive gives us a comprehensive and clear framework, one that breaks easily into pieces we can work with. It clarifies what happens to teens and what we can do as families and educators to give them every chance at a joyful life of growth, learning, and personal satisfaction.

I hope that, using this Five to Thrive framework, Newport families and staff can form a cooperative and coordinated partnership and share responsibility for helping our students thrive here at Newport and beyond.

### **Blueprint for Our Partnership**

We held our first Knight Ally workshop this week. Thank you to the brave group of 40 parents that helped us refine a presentation that can give parents useful tools in just 90 minutes. We plan to repeat the workshop in January—updated with the advice of our first group. I hope you will join us.

Meanwhile, if you missed an edition or you want to take another look, you can [access the Five to Thrive series](#) anytime on our website. You will see the link every week at the top of this newsletter along with the [Daily Bulletin link](#).

Five to Thrive is a blueprint we can use to support our students and to build a nurturing community around them—a 21st Century Village, to borrow from the It Takes a Village adage for raising children.

We can break out some of the elements into how-to articles here. We can offer parent workshops for more complex skill-building. I hope parents will team up to support each other as you navigate just how to support each unique teen.

### **Students Take Up Resilience Campaign**

I mentioned that our students heard about the resilience workshop and wanted in. We met with a small group from the Link Crew leadership last week. Excited by the insights they found in just a short look, they jumped right into adapting resilience tools for our students.

Research confirms that in the first painful moments of a “failure,” teens turn first to one another for comfort and support. Imagine how powerful that could be with some skills to follow up the compassion.

### **Panarama Results In**

On that note, data has come in from our latest Panorama survey—an annual assessment of student well-being. Students scored school climate and culture, presence of language that welcomes and celebrates all, and the level of support they receive from staff.

Students indicated growth in their sense of safety, respect between students and staff, and students' respect for each other.

While the data tells us that students feel safe and secure, our staff's goal is to move beyond respect to even stronger relationships, where students feel that they are known and supported in their efforts. Our mission is to continually improve how we foster an environment where every Newport student feels supported by staff and supports each other.

This mission should be reflected by how students are treated and are treating each other, in the hallways and the classrooms, during class and any time they are at Newport—and beyond Newport, at home with you and out into our community.

Our work includes:

- Inviting student voice into our staff professional development, both through video testimonials and student panels.
- Student elected positions on our Equity Team.
- Student focus groups to better understand the Panorama results from the students' perspectives.
- Presenting the documentary *Angst* to foster a conversation for our students and families about healthy responses to the daily stresses of life.
- Information shared here in InSights and our Knight Ally workshop series.

We are deeply proud of our students. Every day, we see them greeting each other in the hall and checking in with one another. We will continue working to make sure that we are fostering a student community that supports all students in their best efforts every day. Our work aims to help students to go past simply being respectful of each other, so that we are a school where students proactively seek ways to build strong relationships with one another in the midst of their busy, active lives.

### **FAFSA Help & Bellevue College Registration**

Do you need help with filling out & submitting your FAFSA/WASFA? We have an upcoming FAFSA/WASFA completion night on Tuesday, 12/12, 6-7:30 PM in the library. Bring your guardian/parent, laptop, 2016 taxes and W-2 forms.

Are you interested in attending Bellevue College? Enroll at our upcoming Bellevue College application workshop on Wednesday, 12/13, 1:30 PM in the lecture hall. Bring your laptop.

Please do not hesitate to contact Ms. Tania Maxfield in the counseling office or Ms. Vanessa Lopez-Kopp if you have any questions or need additional information about either of these events.

## Put Your PTSA Word In

The PTSA meets Wednesday, 12/13, at 7 PM in the NHS Library. Everyone is welcome.

Celebrate the success of Classroom Bucks, Teacher Grants, Staff Appreciation, Parent Education Events and 2017 Ski Swap. This fall, the PTSA awarded \$34,000 in grants. See the power of your donations [here](#). Help guide the second half of the school year.

### Staff Appreciation

Help celebrate and honor our teachers and staff this holiday season with two PTSA meals for our teachers and staff:

- December 6th Staff Meeting: Sign up [here](#) to provide cookies and snacks. Please deliver food to school before 1 PM.
- December 13th Holiday Brunch: Sign up [here](#) to provide brunch items. Please deliver food to school before 7 AM.

### GradKnight 2018

Each December, the residents of Newport Shores attend a Holiday Brunch at the neighborhood clubhouse and all proceeds go towards Grad Knight! The brunch will be held on Sunday, 12/3, from 10 AM-Noon at the Newport Shores Yacht Club, [81 Skagit Key](#). The brunch will be "catered" by the Class of 2018 parents. Sign up [here](#) and see how you can contribute. We need a few more slots filled.

### Reflections Program:

Parents are needed to judge the submissions that were received last week. If interested, email [lisa.shank@newportptsa.org](mailto:lisa.shank@newportptsa.org). Newport students are so talented and it is a lot of fun to review this artwork.

### 'Hamilton' Tickets Available

Would you or someone you know love to see Hamilton at the Paramount Theater, but it sold out in a matter of minutes? Well, here's your chance to go.

Thanks to a generous donation from Ricardo Frazer, Newport Football will raffle off four tickets to see this amazing Broadway megahit. The team has 100 raffle tickets available at \$50 each and will draw two winners on December 5th. Each winner will receive two seats (main floor in the center, row H).

Contact [newportfootballfundraising@gmail.com](mailto:newportfootballfundraising@gmail.com) to purchase your raffle ticket now. Note: the winners cannot resell their tickets and you do not need to be present to win. Good luck!

If you don't win during the first drawing in December, Newport Football will hold a second raffle in January for four more tickets.

### **January Finals Schedule On Line**

The detail schedule for first semester finals in January is posted on our website. [Click here for the full calendar](#) for Wednesday, 1/24/2018, to Friday, 1/26/18.

### **Newport's 'Classy' Event Seeks Performers**

Newport's orchestras are seeking talented student performers to feature at their annual formal dance and dessert fundraiser. Knights in Vienna will be held on Saturday, 1/27/18.

The event will consider any great performance: Classical, Jazz, Singer-Song Writer, Spoken Word or Dance. If your student would like to be in the spotlight at this popular tradition, video submissions must be emailed to Mrs. Gero at [geroc@bsd405.org](mailto:geroc@bsd405.org) by Sunday, 12/10/17.

### **Save the Date: 2018 College Conference**

Save the date for Bellevue Schools' annual college planning conference for families and students. A featured speaker and dozens of workshops get freshmen thinking ahead and help juniors get ready to wrap up an admissions offer.

Two sites this year; same program both days. Event starts at 5:45 PM and wraps up at 8:30 PM.

- Sammamish High School on Wednesday, 2/7
- Newport High School on Thursday, 2/8

### **College Visits**

[Click here for our calendar](#), which includes colleges visiting our campus.

### **Dates to Remember:**

- Winterfest Week: Monday, 12/11 to Friday, 12/15
- Semester Finals: 1/24/18 to 1/26/18
- End of First Semester: 1/26/18

### **Useful Links:**

[Daily Bulletin](#)

[Newport Website](#)

[PTSA Website](#)

[Bell Schedule](#)

[Calendar](#)

[Counseling Assignments](#)

[Newport Television](#)

[Naviance](#) for college admissions planning and information

[Counseling Center](#)

[Community Service](#) for volunteer listings

[Athletics](#)

[Club Directory](#)

Newport Athletic Hotline at [425.456.7522](tel:425.456.7522) for daily updates

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*Our Mission: To provide each and every student an exemplary educational foundation that inspires them to discover their individual passions, achieve their goals, and become capable, contributing members of society.*

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**Click Reply: Our Digital Door is Always Open**

Did you know that you can simply Reply to this email to send a message, a comment, or feedback straight to my Inbox? We value our partners at home in helping every student succeed. We look forward to hearing from you.

**Newsletter Submissions Welcome**

We work to ensure that the news we share here is relevant for students and families, and we welcome news from families and the many individuals, clubs, teams, and organizations that support our school community. Please send such news directly to me in the principal's office ([yahoudyd@bsd405.org](mailto:yahoudyd@bsd405.org)).

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**Sign Up to Receive Class-Specific Information**

Class of 2018 (2017-2018 Seniors): [newporths2018@gmail.com](mailto:newporths2018@gmail.com)

Class of 2019 (2017-2018 Juniors): [newportclass2019@gmail.com](mailto:newportclass2019@gmail.com)

Class of 2020 (2017-2018 Sophomores): [nhsclassof2020@gmail.com](mailto:nhsclassof2020@gmail.com)

We still need a Freshman Class Liaison. Contact [newporthighptsa@gmail.com](mailto:newporthighptsa@gmail.com)

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Bellevue School District 405 would like to continue connecting with you via email. If you prefer to be removed from our list, please contact Bellevue School District 405 directly. To stop receiving all email messages distributed through our SchoolMessenger service, follow this link and confirm: [Unsubscribe](#)

SchoolMessenger is a notification service used by the nation's leading school systems to connect with parents, students and staff through voice, SMS text, email, and social media.