

Click Here to find the [Daily Bulletin](#) on our website; and Click Here to find our [Five to Thrive](#) series.

### **Deadline for Performers Next Week**

Newport's orchestras are seeking student performers to feature at their annual formal dance and dessert fundraiser. Knights in Vienna will be held on Saturday, 1/27/18.

The event will consider any great performance: Classical, Jazz, Singer-Song Writer, Spoken Word or Dance. If your student would like to be in the spotlight at this popular tradition, video submissions must be emailed to Mrs. Gero at [geroc@bsd405.org](mailto:geroc@bsd405.org) by Sunday, 12/10/17.

### **Winter Festivities Next Week**

The Spirit Days for Winterfest start Monday with fun themes each day. Each class has a color assignment to add to the friendly competition for most spirited.

- Monday – PJ Day
- Tuesday – Ugly Sweater Day
- Wednesday – Winter Olympics Day
- Thursday – Holiday Movie Character Day
- Friday – Dress to represent your class “Element” from "Avatar, the Last Airbender."

Class color assignments are as follows:

- Freshmen are Air – White
- Sophomores are Earth – Green
- Juniors are Water – Blue
- Seniors are Fire – Red
- Teachers will represent the Light – Gold

### **Help Your Student Manage Stress**

The teen brain is naturally primed to build healthy habits for managing stress. To stay on top of stress, students need guidance to recognize their existing skills, ones strong enough for them to rely on. They also need help to set up intentional efforts to build up other skills until they have a full set.

Join us Thursday, 1/18/18, for a parent workshop where parents can learn to be their Knight's Ally.

- Understand how stress impacts resilience and your student's ability to think and learn.
- Learn high-impact ways to help your student relax and how to adapt and apply those skills in your family.

- Discuss strategies to build resilience. Take home a specific list of the skills your student needs to build resilience throughout their lives, along with a plan to develop missing or weak skills.

Today's teens feel immense pressure. Building resilience helps them to thrive despite high demands. We revised our second workshop to focus on what our first group found most helpful. Join us for a 90-minute session designed for the Knight community on Thursday, 1/18/18, at 7 PM. [Click here to register](#). RSVP required so that we have materials ready for you.

Feedback from our first Knight Ally Workshop:

- "I came away with something I could use for each of my three kids. I have a 10th grader, an 8th grader and a 4th grader and each one needs something different to help them build their resilience."
- "The workshop is definitely going to benefit both parents and their students."

### **Everyone Welcome**

Celebrate the success of Classroom Bucks, Teacher Grants, Staff Appreciation, Parent Engagement and 2017 Ski Swap at the Wednesday, 12/13, PTSA meeting in the Newport High Library.

This fall, the PTSA awarded \$34,000 in grants. See the power of your donations [here](#). Spring 2018 Grant process is beginning now. Help make important decisions and guide second half of the school year.

### **We Need More Help**

The PTSA is celebrating our teachers by providing a staff/teacher Holiday Brunch. Sign up [here](#) to provide brunch items for Staff Brunch on Wednesday, 12/13. Please deliver food to school before 7 AM on Wednesday, 12/13. Items that do not require refrigeration can be delivered on Tuesday, 12/12, before 3 PM to the school's main office. Breakfast begins at 7:15 AM.

### **Multi-Lingual Well-Wishers Sought**

If your student speaks a language in addition to English and might be interested in participating in a multi-lingual Happy Holidays video, encourage them to check their email and sign up on the link provided. Filming will take place on Monday and Tuesday and the video will show at the Winterfest Assembly.

### **Hot Breakfast, Everyday or Now & Then**

Your student can get a hot breakfast every morning at Newport. Our cafeteria serves breakfast every morning starting at 8 AM for a small fee paid with your district lunch account.

Students using the free and reduced-price meal program can use that account for breakfast.

An Express Lunch is offered on Wednesday during the nutritional break at 11:35 AM.

### **Buckets of Umbrellas Stand Ready**

You may have noticed the buckets of umbrellas by our exterior doors near the chickens and JV baseball field. Community members donated the umbrellas to help students stay dry as they walk to and from the portable classrooms. If you have an umbrella to donate to the cause, just leave it in the bucket.

### **FAFSA & Registration Help This Week**

Do you need help with filling out and submitting your FAFSA/WASFA? We have an upcoming FAFSA/WASFA completion night on Tuesday, 12/12, 6-7:30 PM in the library. Bring your guardian/parent, laptop, 2016 taxes and W-2 forms.

Are you interested in attending Bellevue College? Enroll at our upcoming Bellevue College application workshop on Wednesday, 12/13, 1:30 PM in the lecture hall. Bring your laptop.

Please do not hesitate to contact Ms. Tania Maxfield in the counseling office or Ms. Vanessa Lopez-Kopp if you have any questions or need additional information about either event.

### **January Finals Schedule On Line**

The detail schedule for first semester finals in January is posted on our website. [Click here for the full calendar](#) for Wednesday, 1/24/2018, to Friday, 1/26/18

### **Save the Date: 2018 College Conference**

Save the date for Bellevue Schools' annual college planning conference for families and students. A featured speaker and dozens of workshops get freshmen thinking ahead and help juniors get ready to wrap up an admissions offer.

Two sites this year; same program both days. Event starts at 5:45 PM and wraps up at 8:30 PM.

- Sammamish High School on Wednesday, 2/7
- Newport High School on Thursday, 2/8

### **College Visits**

[Click here for our calendar](#), which includes colleges visiting our campus.

### **Dates to Remember:**

- Winterfest Week: Monday, 12/11 to Friday, 12/15
- No School/Martin Luther King, Jr. Day: Monday, 1/15/18

- Semester Finals: 1/24/18 to 1/26/18
- End of First Semester: 1/26/18

### Useful Links:

[Daily Bulletin](#)

[Newport Website](#)

[PTSA Website](#)

[Bell Schedule](#)

[Calendar](#)

[Counseling Assignments](#)

[Newport Television](#)

[Naviance](#) for college admissions planning and information

[Counseling Center](#)

[Community Service](#) for volunteer listings

[Athletics](#)

[Club Directory](#)

Newport Athletic Hotline at [425.456.7522](tel:425.456.7522) for daily updates

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*Our Mission: To provide each and every student an exemplary educational foundation that inspires them to discover their individual passions, achieve their goals, and become capable, contributing members of society.*

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### Click Reply: Our Digital Door is Always Open

Did you know that you can simply Reply to this email to send a message, a comment, or feedback straight to my Inbox? We value our partners at home in helping every student succeed. We look forward to hearing from you.

### Newsletter Submissions Welcome

We work to ensure that the news we share here is relevant for students and families, and we welcome news from families and the many individuals, clubs, teams, and organizations that support our school community. Please send such news directly to me in the principal's office ([yahoudyd@bsd405.org](mailto:yahoudyd@bsd405.org)).

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### Sign Up to Receive Class-Specific Information

Class of 2018 (2017-2018 Seniors): [newporths2018@gmail.com](mailto:newporths2018@gmail.com)

Class of 2019 (2017-2018 Juniors): [newportclass2019@gmail.com](mailto:newportclass2019@gmail.com)

Class of 2020 (2017-2018 Sophomores): [nhsclassof2020@gmail.com](mailto:nhsclassof2020@gmail.com)

We still need a Freshman Class Liaison. Contact [newporthighptsa@gmail.com](mailto:newporthighptsa@gmail.com)