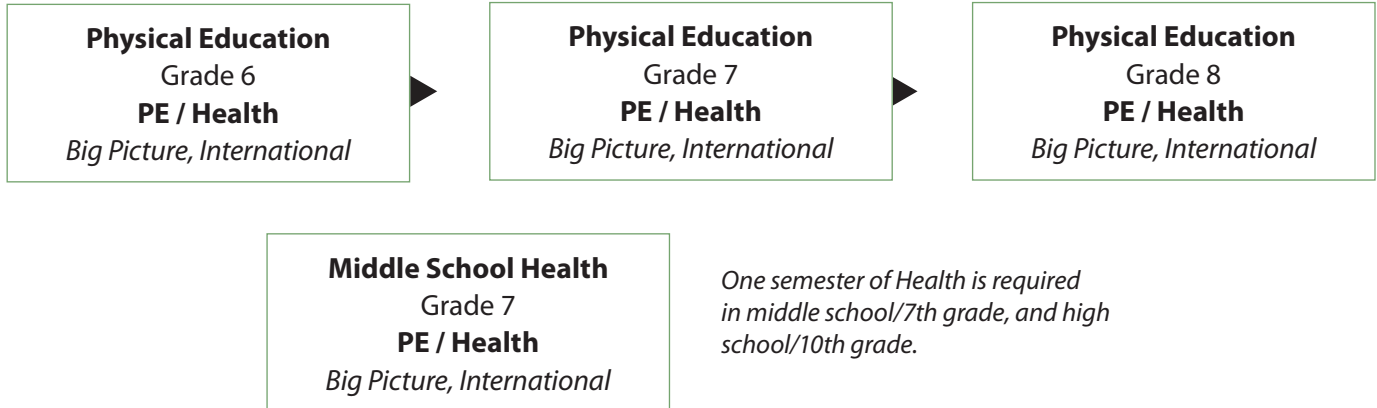
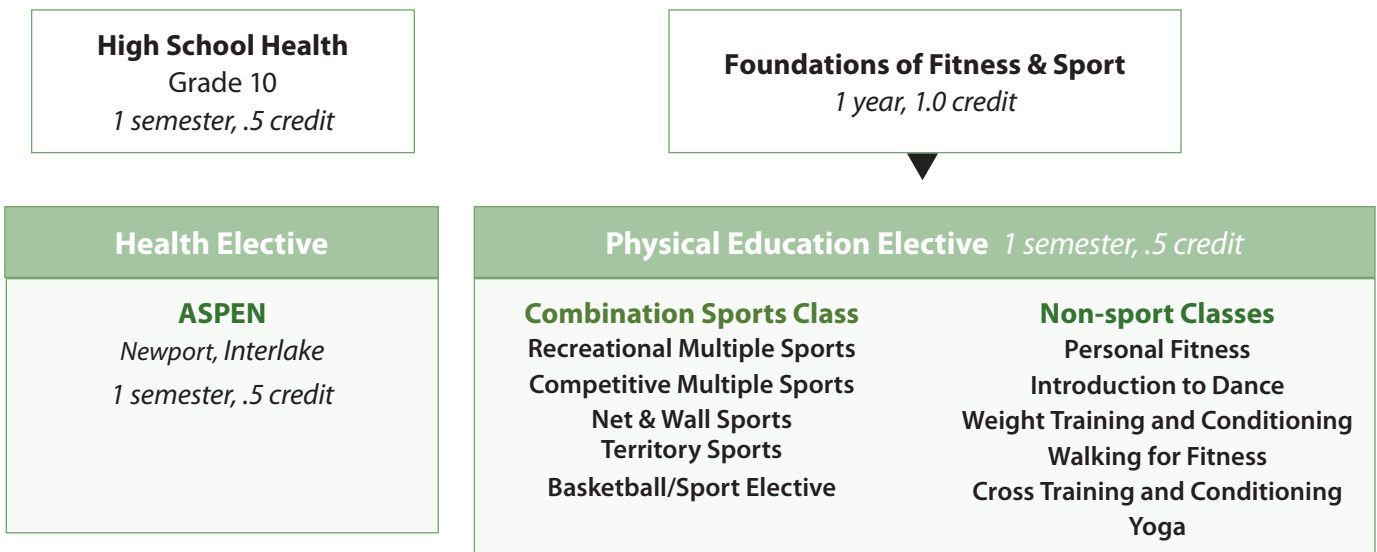


# Health & Physical Education Course Sequence Grades 6-12

## Middle School *each course 1 semester*



## High School



*The high school graduation requirement for Health is .5 credit and PE is 1.5 credits. Students must take Foundations of Fitness and Sport for their first 1.0 credit. The last .5 elective credit may be met anytime during grades 10-12. Once Physical Education graduation requirements have been satisfied, students may select additional physical educational electives.*

*\* Individual course descriptions indicate which courses are offered at each high school.*