

SEIZURE INDIVIDUAL HEALTH PLAN

BELLEVUE SCHOOL DISTRICT 2019-2020

Name:	DOB:	Date:	
School:	Grade/Teacher:		
HEALTH CONCERN - SEIZURE DISORDER:		(list type if known)	
Is there a prescription for seizure abortive medication? <input type="checkbox"/> YES (see below) <input type="checkbox"/> NO			
Date of last seizure:			
Typical seizure pattern:			
Possible triggers:			
Warning signs/behaviors prior to seizure:			

EMERGENCY CARE PLAN: To promote student safety.

DURING A SEIZURE:

- Always stay with the child.
- Position child to avoid choking on saliva, if vomiting during seizure, turn student onto their side.
- Protect student from injury, if possible move student to the floor & move furniture and objects out of the way.
- Place something flat and soft under the student's head.
- Do not restrain child or put anything in their mouth.
- Loosen any tight clothing and remove glasses if applicable.
- Remain with child until conscious and no longer confused.
- CPR should NOT be given during a seizure

CALL 911 FOR:

- A seizure lasting longer than _____ minutes
 - Any signs of respiratory distress (turns blue/stops breathing) during or after seizure of any length
 - Slow recovery, a second seizure, or difficulty breathing afterwards
 - Any signs of injury/illness that could have caused the seizure (head injury, diabetes, heat stroke)
 - Any significant injury that occurred during seizure
- Other:

MEDICATION *Must be filled out by licensed health care provider; MD, DO, ND, DMD, DC, PA, ARNP, CNM.*

ORDERS *OR can be filled out by School Nurse based on BSD "Authorization for Medication to be Taken at School" form*

Diastat (diazepam) rectal gel Dose: _____

Midazolam intranasal spray Dose: _____

Other: _____ Dose: _____

- If student has seizure lasting longer than _____ minutes while at school, and the licensed School Nurse is on site, the licensed School Nurse will administer the above medication.
- MIDAZOLAM (Versed) nasal spray: If student has seizure lasting longer than _____ minutes while at school, & licensed School Nurse is not on site; a nurse-delegated trained school employee will administer Midazolam intranasal spray as above and CALL 911.
- DIASTAT (Diazepam/Valium) rectal gel: If student has seizure lasting longer than _____ minutes while at school, & licensed School Nurse is not on site; CALL 911.
- If student has seizure lasting longer than _____ minutes and is off campus, either on the bus commute, or a field trip/community outing where no licensed School Nurse is present; follow procedure as above for Midazolam or Diastat and call 911.

Licensed Health Care Provider's signature:	Date:	Phone:	
<small>Signature authorizes medication for length of school year</small>		Fax:	
Parent/Guardian signature:	Date:	Phone:	

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AFTER A SEIZURE:

- Allow student to rest
- Contact parent/guardian; discuss if student should go home, return to class, rest
- Reassure student & gently re-orient as consciousness returns. Student may feel disoriented.
- Document the seizure; length of seizure, what happened before, during & after.
- If other students present during the seizure, reassure them & discuss what happened. Discuss confidentiality, encourage them to support student's privacy & concern of embarrassment.

INDIVIDUAL CONSIDERATIONS:

Classroom:

- Teacher to inform substitute teachers of the student's Individual Health Plan

Transportation: Bus-Transportation will be informed of the student's Individual Health Plan

Field Trip Procedures: Medication and IHP will accompany student during any off campus activity

Recess: Recess staff will be informed of the student's Individual Health Plan

Parent: If student attends extended day/childcare, clubs before & after school, evening and summer activities, parent will notify the program director of their child's medication and health care needs.

Other:

- RN will notify teachers, specialists, and other staff of student's IHP
- If appropriate, please refer to student's confidential or green folder for 504 eligibility information.

School Nurse:		Email:	@bsd405.org	Phone:	425-456-
				Fax:	425-456-