

DURING COVID-19 PANDEMIC	
SYMPTOMS or ILLNESS	SHOULD CHILD/STUDENT REMAIN AT HOME?
<p>If your child is showing any emergency warning signs including:</p> <ul style="list-style-type: none"> • trouble breathing • pain or pressure in the chest that does not go away • new confusion • inability to wake up or stay awake • bluish lips or face • severe abdominal pain 	<p>Call 911 or take your child to the emergency room</p>
<p>If your child has any of the symptoms below, but they are related to another, known condition, contact your school nurse. You may need a doctor’s note documenting the known condition to send your child to school.</p>	
<p>If your child has any of the symptoms below, we recommend you contact your child’s healthcare provide to see if your student should be tested for COVID-19</p>	
<p>If your child has any of the symptoms below, and tests negative for COVID-19, contact your school nurse. You may need a doctor’s note documenting the negative COVID test to send your child to school.</p>	
SYMPTOMS OF COVID-19	
Fever – Temperature of 100.4 degrees or greater	YES – Should remain home for 10 days after symptoms started AND until fever free without fever-reducing medication for 24 hours AND when all other symptoms have resolved.
Chills – A feeling of coldness with shivering	YES – Should remain home for 10 days after symptoms started AND until fever free without fever-reducing medication for 24 hours AND when all other symptoms have resolved.
Muscle or body aches – Weakness, pain, tightness, soreness, aching of muscles/body	YES – Should remain home for 10 days after symptoms started AND until fever free without fever-reducing medication for 24 hours AND when all other symptoms have resolved.
Coughing, Shortness of breath, Wheezing	YES – Should remain home for 10 days after symptoms started AND until fever free without fever-reducing medication for 24 hours AND when all other symptoms have resolved.
Headache	YES – Should remain home for 10 days after symptoms started AND until fever free without fever-reducing medication for 24 hours AND when all other symptoms have resolved.
Vomiting	YES – Should remain home for 10 days after symptoms started AND until fever free without

	fever-reducing medication for 24 hours AND when all other symptoms have resolved.
Diarrhea – More frequent/watery stool	YES – Should remain home for 10 days after symptoms started AND until fever free without fever-reducing medication for 24 hours AND when all other symptoms have resolved.
Sore Throat	YES – Should remain home for 10 days after symptoms started AND until fever free without fever-reducing medication for 24 hours AND when all other symptoms have resolved.
Congestion/runny nose	YES – Should remain home for 10 days after symptoms started AND until fever free without fever-reducing medication for 24 hours AND when all other symptoms have resolved.
Loss of taste	YES – Should remain home for 10 days after symptoms started AND until fever free without fever-reducing medication for 24 hours AND when all other symptoms have resolved.
Loss of smell	YES – Should remain home for 10 days after symptoms started AND until fever free without fever-reducing medication for 24 hours AND when all other symptoms have resolved.
Symptoms of Multi-system Inflammatory Syndrome in Children (MIS-C): Fever, abdominal pain, vomiting, diarrhea, neck pain, rash, bloodshot eyes, feeling extra tired	Keep your child home and contact your healthcare provider right away. Your healthcare provider and your school nurse can work together to determine when your child can return to school.