

February 4, 2020

Department of Health: Update on When to Stay Home

The Washington State Department of Health's [coronavirus school response website](#) has been updated on when to stay home.

The Washington State Department of Health's guidance continues to only **recommend** staying home. The new guidance only recommends staying home for travelers arriving in the U.S. **AFTER** February 2, 2020 at 2 p.m. stay at home, away from others, and monitor their health for 14 days.

From the Washington State Department of Health:

Should all children returning from China stay home from school for 14 days?

The Centers for Disease Control and Prevention recommends that all travelers from China (including school students, staff and volunteers) arriving in the U.S. **AFTER** February 2, 2020 at 2 p.m. stay at home, away from others, and monitor their health for 14 days. This measure was put in place because of the increasing number of cases of 2019-nCoV in China.

There is no recommendation for people without symptoms arriving before this time to restrict their activities. All travelers from China arriving **BEFORE** February 2, 2020 at 2 p.m. can continue to attend school and should take the following steps:

- Watch for any changes in your health for 14 days after leaving China.
- If you get a fever or develop a cough or difficulty breathing during this 14-day period, avoid contact with others. Call your doctor or healthcare provider to tell them about your symptoms and your recent travel.

[Washington State Department of Health coronavirus information page](#)