

# BELLEVUE SCHOOL DISTRICT BOOST & PRESCHOOL MENU SEPTEMBER



**MON**

**TUE**

**WED**

**THU**

**FRI**

- **Entrees:** Each day, you have three (3) choices to choose from; Entree A, B or **Daily choice of Breaded Chicken Burger**
- Lunch includes milk and at least 1/2 cup of fruit and/or vegetables.

**3**

**A:** Hamburger  
**B:** Garlic Cheese  
Toast

**4**

**A:** Mandarin Orange  
Chicken w/ Brown Rice  
**B:** Sunbutter & Jelly  
Sandwich w/ String  
Cheese

**7**

No School Today

**8**

**A:** All-Beef Hot Dog  
**B:** Bean & Cheese  
Burrito

**9**

**A:** Hamburger  
**B:** Cheese Pan  
Pizza

**10**

**A:** Chicken Tenders,  
Baked Fries  
& Wheat Roll  
**B:** Bagel & Cream  
Cheese w/ 4z Yogurt  
& String Cheese

**11**

**A:** Italian Meatballs  
& Pasta  
**B:** Veggie Burger

**14**

**A:** Mandarin Orange  
Chicken w/ Brown Rice  
**B:** Sunbutter & Jelly  
Sandwich w/ String  
Cheese

**15**

**A:** Deli Turkey &  
Cheese Sandwich  
**B:** Macaroni &  
Cheese  
w/ Wheat Roll

**16**

**A:** Hamburger  
**B:** Cheese-stuffed  
Breadsticks

**17**

**A:** Roasted Chicken  
Leg & Baby Potatoes  
w/ Cheese Cornbread  
**B:** Power Bean Chili  
w/ Cheese Cornbread

**18**

**A:** Chicken Corn Dog  
**B:** Yogurt & Fruit  
Parfait w/ Granola &  
String Cheese

**21**

**A:** Chicken Tenders,  
Baked Fries  
& Wheat Roll  
**B:** Bagel & Cream  
Cheese w/ 4z Yogurt  
& String Cheese

**22**

**A:** Italian Meatballs  
& Pasta  
**B:** Veggie Burger

**23**

**A:** Hamburger  
**B:** Garlic Cheese  
Toast

**24**

**A:** Belgian Waffles  
w/ Syrup & Turkey  
Sausages  
**B:** Belgian Waffles  
w/ Syrup & Cheese  
Omelet

**25**

**A:** All-Beef Hot Dog  
**B:** Bean & Cheese  
Burrito  
**Seahawk's Tailgate**  
Blue Pride Frozen Treat

**28**

**A:** Roasted Chicken  
Leg & Baby Potatoes  
w/ Cheese Cornbread  
**B:** Power Bean Chili  
w/ Cheese Cornbread

**29**

**A:** Chicken Corn Dog  
**B:** Yogurt & Fruit  
Parfait w/ Granola &  
String Cheese

**30**

**A:** Hamburger  
**B:** Cheese Calzone

## Meal Applications:

The 2020-21 Application for Free or Reduced Priced Meals is available at <https://bsd405.org/free-reduced>

Applications must be renewed annually!

## ROTATING BREAKFAST Breakfast includes fruit and milk.

**M**

Mini Pull-apart  
Cinnamon Rolls

**Tu**

Mini Maple  
Pancakes

**W**

Yogurt &  
Cinnamon Granola

**Th**

Crescent Roll  
w/ Grape Jelly Filling

**F**

Assorted Cereals