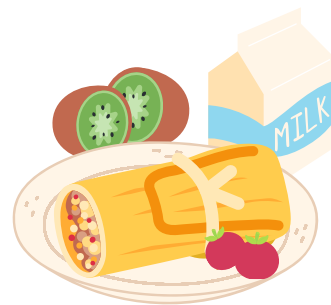



MEALS2GO MENU

MAY, 2021



MON	TUE	WED	THU	FRI
3 Mac & Cheese w/ Broccoli & Wheat Roll	4 A: Tillamook Cheeseburger B: Black Bean Burger	 5 Cinco de Mayo Special! Tamale: Mild Green Chili & Cheese	6 Chow Mein: A: Chicken B: Edamame & Soy Sausage	7 <i>CELEBRATE with us!</i> School Lunch Hero Day! Pizza by the Slice A: Pepperoni Pizza (Pork & Beef) B: Cheese Pizza
10 Brunch for Lunch A: Biscuit & Turkey Sausages B: Biscuit & Colby Cheese Omelet both w/ Country Gravy	11 A: Roasted Chicken Drumstick B: Veg. Nuggets both w/ BBQ Dipping Sauce & Cheese Cornbread	12 A: Deli Turkey & Cheese Sub Sandwich B: Sunbutter & Jelly Sandwich w/ String Cheese	13 A: Italian Meatballs & Pasta B: Pasta Marinara w/ Chickpeas & Cheese Topping	14 A: Pork Machaca w/ Eggs B: Black Beans, Eggs & Fire-roasted Veg both w/ Flour Tortilla, Cheddar Cheese Topping & Mild Salsa
17 A: Chicken Corndog B: Hummus w/ Flatbread & Rstd Sunflower Seeds	18 A: Breaded Chicken Sandwich B: Black Bean Burger both w/ Coleslaw Salad	19 A: Mandarin Orange Chicken B: Mandarin Orange Soy Nuggets both w/ Brown Rice	20 Burrito Bowl w/ Spanish Rice & Roasted Veggies A: Pork Carnita B: Black Beans both w/ cheese topping	21 Pizza by the Slice A: Pepperoni Pizza (Pork & Beef) B: Cheese Pizza
24 Brunch for Lunch A: Pancakes & Turkey Sausages B: Pancakes & Colby Cheese Omelet both w/ Syrup	25 A: Meatball Sub Sandwich B: Soy Nugget Sub Sandwich both w/ Marinara Sauce & Cheese	26 A: Chicken Basket: Breaded Tenders & Baked Fries w/ Wheat Roll B: Garlic Cheese Toast	27 Croissant Sandwich: A: Deli Turkey & Cheese B: Egg & Cheese	28  Celebrate Seattle Mariners Nacho w/ WG Corn Tortilla Chips A: Seasoned Beef B: Veg. Refried Bean
31 Memorial Day Holiday <u>No Meal Pick-Up Today.</u> (Jun 1 menu to be picked up on Fri, May 28).	MENU NOTES: <ul style="list-style-type: none"> Entrees are reheat-ready and kept cold. Please keep refrigerated after you pick up your meals. Lunch includes milk, fruit and vegetables. Meal pick-up is on the day before the menu date. (i.e. May 4 menu to be picked up in the afternoon on May 3.) 			



**Heating Instruction
 for Tamale** (video clip)
 is available at:
<https://youtu.be/PQHao4wNg88>



ROTATING BREAKFAST Breakfast includes fruit and milk.

M Assorted Cereals	Tu Whole Wheat Bagel w/ Cream Cheese	W Cinnamon Roll	Th Assorted Cereals	F French Toast w/ Apple Cinnamon Glaze
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