

# Newport High School Athletics – 2021 Summer and Fall Sports Bulletin

## NHS Athletic Department

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## Regular Season Fall Sports 2021

Start date for **Football – August 18<sup>th</sup>**

Start date for **all other Fall Sports – August 23<sup>rd</sup>**

***Girls Soccer, Volleyball, Boys Golf, Boys and Girls Cross Country, Boys Water Polo, Boys Tennis, Girls Swim and Dive***

Practices are mandatory beginning on these dates. If a team has a tryout, it will be scheduled for the first 3 days of practices August 23<sup>rd</sup> – 25<sup>th</sup>.

The regular season ends in late October / early November and varies by sport

Visit our scheduling website [newportknights.org](http://newportknights.org) to view season schedules.

To find contact information for our all of our coaches please visit our school website -

<https://bsd405.org/nhs/knights/athletics/#1506455539619-ab9f56c2-c9fb>

## SUMMER SESSION GENERAL INFORMATION

### June 21 to July 31

In the summer session coaches may offer sport specific practices and are allowed to work with athletes of all age levels. Contests are allowed and will be scheduled by the athletic department but not all teams will play them.

### July 31 – August 23<sup>rd</sup> (18<sup>th</sup> for football)

Only general strength and conditioning activities or activities that are open to all students can occur. No sport specific coaching is allowed in this time frame.

**Participation Requirements:** 8<sup>th</sup> graders become eligible to register as 9<sup>th</sup> graders for our programs on June 7<sup>th</sup>. To participate in a summer program or in the regular season an athlete must be:

- Registered for the sport through final forms
- Have a valid physical on file
- Valid impact test for required sports
- ASB Membership (\$70), Fall Sports Participation Fee (\$100), Transportation Fee (TBD)

*All summer practices and contests are optional for students and are not a condition of regular season participation or used to evaluate athletes in advance of a tryout or season start date.*

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## Summer Program Offerings June 21 – July 31

### Football

Head Coach: Drew Oliver – [olivera@bsd405.org](mailto:olivera@bsd405.org)

Informational Meeting for next year (players only) – **June 14<sup>th</sup> 4pm (meet at NHS west entrance)**

Practices are Monday, Wednesday, and Thursday 4-6pm from June 21 – July 29

Joint Practice / Scrimmage July 22<sup>nd</sup>

BSD Camp Scrimmages July 29<sup>th</sup>

7 on 7 outings TBD

### Boys / Girls Tennis

Head Coach: Barb Sneckner – [snecknerb@bsd405.org](mailto:snecknerb@bsd405.org)

July 19, 20, 21 – High School Clinic: 9AM – 10:30 AM

July 26, 27, 28, 29: High School Clinic 9AM – 10:30 AM

August Youth Camp – High School Age Coaches needed

### Volleyball

Head Coach: Zeke Hsu [hsuz@bsd405.org](mailto:hsuz@bsd405.org)

Practices are Tuesday, Wednesday, and Thursday 4-6pm from June 21 – July 29

Scrimmages w/ BSD schools – schedules TBD

#### Girls Volleyball - Summer Practices:

- Starting on **June 22**, every **Tuesdays**, and **Thursday** at Newport Main Gym 4 - 6 pm through **July 29**. We will also host conditioning workout sessions every **Wednesday** during this time as well from 4 - 5:15 ish pm at Newport Stadium (Track)
- Requires Final Form registration (open by June 7)

#### Girls Volleyball Youth Summer Camp:

- Open to all **4th through incoming 9th graders**
- Camp Dates are **July 12 & 13** from 9:00 am to 2:30 pm
- Registration can be found on <http://newportvb.org/> (Sign up early to secure your spot)

#### Girls Volleyball first day of Fall tryout:

- Tryout will begin on **Aug 23, 2021**. More information will be shared during the summer concerning start time of tryouts.

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## **Boys Basketball**

Head Coach: Mark Prince [princem@bsd405.org](mailto:princem@bsd405.org)

Practices are Monday, Wednesday, and Friday from 5-8PM June 21 – July 29

Scrimmages scheduled with BSD schools – TBD

## **Girls Basketball**

Head Coach: Cuong Luu – [luuc@bsd405.org](mailto:luuc@bsd405.org)

Practices are Tuesday and Thursday 6:30 – 8:30PM

Scrimmages scheduled with BSD schools – TBD

## **Softball**

Head Coach: Mike Hirai – [hiraim@bsd405.org](mailto:hiraim@bsd405.org)

Practices TBD

## **Cheer**

Head Coach: Jennetta Blake – [blakej@bsd405.org](mailto:blakej@bsd405.org)

Tryout June 21-25 4-6pm

Team Camp July 22-24

Practices TBD

## **Girls Soccer**

Head Coach: Tina Vincent – [vincent@bsd405.org](mailto:vincent@bsd405.org)

Practices Thursday June 24<sup>th</sup> – Friday July 30<sup>th</sup>

## **Wrestling**

Head Coach: Mike Chenoweth [chenowethm@bsd405.org](mailto:chenowethm@bsd405.org)

Practices are Mondays and Wednesdays 5:00 – 6:30 PM - Outside Gym

Girl's wrestling clinic June 25 and 26 from 9-12

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## **Drill**

Parent Meeting August 9<sup>th</sup> TIME TBD (will email people registered for drill details)

First practice August 10<sup>th</sup> -12 TIME TBD

Mini Camp – August 16<sup>th</sup> – 20<sup>th</sup>

## **Boys Lacrosse**

Head Coach: Trevor Rainville – [rainvillet@bsd405.org](mailto:rainvillet@bsd405.org)

Monday / Thursday 6-8PM June 21 – July 29

Thursdays are open to youth players