

BELLEVUE SCHOOL DISTRICT HIGH SCHOOL MENU OCT 11-15, 2021



- Meals are FREE for all students during the 2021-22 school year.
- All lunch includes your choice of milk and at a minimum 1/2 cup of fruit and/or vegetables from the salad bar.



MON

TUE

WED

THU

FRI

11

12

13

14

15

A: Chicken Alfredo w/ Penne Pasta
B: Vegetarian Alfredo w/ Penne Pasta both w/ Wheat Roll

Chicken Fried Steak Bites w/ Mashed Potatoes & Gravy, Wheat Roll

Mild Green Chili & Cheese Tamale w/ Veg. Refried Beans & Salsa

A: Pineapple Fried Rice w/ Chicken & Eggs
B: Vegetarian Pineapple Fried Rice w/ Edamame & Eggs

Southwest Chicken Wrap Sandwich w/ Chips

Check Back on the October 18th-22nd Menu during the week of Oct 11th.

DAILY LUNCH ENTREES



by the Slice

- Cheese
- Pepperoni (beef/pork)



w/ Baked Fries

- Black Bean Burger
- Cheeseburger
- Hamburger



Boxed Lunch

- Caesar Salad (Chicken/Cheese)
- Protein Box (Hummus, Cheese Cubes, Bread & Veggies)

BREAKFAST:

LOCATIONS: BELLEVUE, INTERLAKE, NEWPORT & SAMMAMISH

- Breakfast includes milk and at least 1/2 cup of fruit.
- Daily Breakfast Entrees: Assorted Cereals, Breakfast Bread Slice

M

Cinnamon Roll

Tu

Cheese Croissant

W

Yogurt Parfait w/ Granola

Th

Belgian Liege Waffle

F

English Muffin Sandwich (Egg & Cheese or Egg, Chs & Turkey Bacon)

Menu subject to change.

This institution is an equal opportunity provider.